**Preoperative Details**

* **Blood/Lab Work**
  + Must be obtained no sooner than **60 days** prior to date of surgery.
  + Must be obtained no later than **2 weeks** prior to date of surgery.
  + Must be completed at a **Christiana Care Lab** facility (See locations attached).
  + Fasting is **NOT** required for lab work.
  + **Must be done prior to your Medical Clearance.**
  + A prescription is attached.
* **EKG**
  + Must be obtained within **6 months** of your surgery date.
  + Must be obtained no later than **2 weeks** prior to date of surgery.
  + EKG can likely be done by your Primary Care Physician (PCP) during your Medical Clearance.
    - When calling your PCP’s office, ask if an EKG can be obtained during your visit.
    - If your PCP is unable to perform an EKG, obtain it when getting your blood/lab work.
  + A prescription is attached.
* **Medical Clearance (H&P)**
  + You will see your Primary Care Physician (PCP) no sooner than **30 days** prior to date of surgery.
  + Clearance must be completed no later than **2 weeks** prior to the date of surgery.
  + A **Preoperative Clearance Letter** is attached to give to your Primary Care Physician (PCP).
* **Specialty Clearance**
  + - If you routinely see Cardiology, Pulmonology, Vascular, or Hematology/Oncology you will need medical clearance from them as well.
* **Durable Medical Equipment**
  + You will require a **walker** and **cane** immediately after surgery.
  + If needed these will be provided by your Surgeon’s office.
  + This will be submitted through your insurance, but you may be asked to pay a $120 deposit.
* **Medications**
  + You will be instructed on what medications you need to stop prior to surgery.
    - Failure to stop these medications at the appropriate time could result in your surgery being **cancelled/postponed**.
  + Your Surgeon will prescribe post-operative medications to aid in your recovery.
    - The prescriptions will be available at your pharmacy a day or two prior to surgery.
* **Nurse (610-421-0516)**
  + A Nurse will be assigned to you and will be in contact with you to help you through your preoperative process.

**Lab Services**

* **Christiana Care** prefers that you **make an appointment** prior to your arrival.
  + **Making an appointment ensures little to no wait times.**
  + **Walk-in** services are available but within limited hours.
  + **There are 2 ways to schedule an appointment**:
    1. Call 302-733-6244 and someone will assist you in scheduling, or
    2. Use their online system at [https://christianacare.org/us/en/care/testing-services/lab-testing](https://christianacare.org/us/en/care/testing-services/lab-testing%20)
* See below for available lab **locations** (availability & hours may differ depending on the day).

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| **Center for Heart & Vascular Health** |
| Christiana Care Newark Campus  4755 Ogletown-Stanton Rd, Room G135  Newark, DE 19718 |
| Phone: 302-733-1558  **\*\*\*EKG’s Performed Here\*\*\*** |

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| **Foulkstone** |
| 1401 Foulk Rd.  Suite 100D  Wilmington, DE 19803 |
| Phone: 302-477-4510 |

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| **HealthCare Center at Christiana** |
| 200 Hygeia Drive  Newark, DE 19713 |
| Phone: 302-623-0151 |

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| **PMRI** |
| 3506 Kennett Pike  Room 133  Wilmington, DE 19807 |
| Phone: 302-661-3032 |

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| **Wilmington Hospital** |
| 501 West 14th St.  Room 2S03A  Wilmington, DE 19801 |
| Phone: 302-320-6801  **\*\*\*EKG’s Performed Here\*\*\*** |

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| **Middletown East** |
| 621 Middletown Odessa Rd.  Room 2132  Middletown, DE 19709 |
| Phone: 302-203-1126 |

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| **Smyrna Health & Wellness Center** |
| 100 S. Main Street  Suite 100 – Entrance at Imaging Suite  Smyrna, DE 19977 |
| Phone: 302-659-4486 |

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| **Concord (PA)** |
| 161 Wilmington-West Chester Pike  Suite 1100  Chadds Ford, PA 19317 |
| Phone: 610-361-1270 |