**Preoperative Details**

* **Blood/Lab Work**
* Must be obtained no sooner than **60 days** prior to date of surgery.
* Must be obtained no later than **2 weeks** prior to date of surgery.
* Must be completed at a **Christiana Care Lab** facility (See locations attached).
* Fasting is **NOT** required for lab work.
* **Must be done prior to your Medical Clearance.**

* **EKG**
* Must be obtained within **6 months** of your surgery date.
* Must be obtained no later than **2 weeks** prior to date of surgery.
* EKG can likely be done by your Primary Care Physician (PCP) during your Medical Clearance.
* When calling your PCP’s office, ask if an EKG can be obtained during your visit.
* If your PCP is unable to perform an EKG, obtain it when getting your blood/lab work.

* **Medical Clearance (H&P)**
* You will see your Primary Care Physician (PCP) no sooner than **30 days** prior to date of surgery.
* Clearance must be completed no later than **2 weeks** prior to date of surgery.
* A **Preoperative Clearance Letter** and **History & Physical form** are attached to give to your Primary Care Physician (PCP).
* Your PCP may recommend:
* Additional **Specialty Clearances** such as Cardiac, Pulmonary, Hematology, etc.
* **Diabetic** patients will need a **HgbA1C** within **90 days** of your surgery date.

* **Durable Medical Equipment**
* You will require a 2-wheel **walker** immediately after surgery.
* If needed it will be provided by your Surgeon’s office.
* This will be submitted through your insurance, but you may be asked to pay a $120 deposit.

* **Medications**
* You will be instructed on what medications you need to stop prior to surgery.
* Failure to stop these medications at the appropriate time could result in your surgery being **cancelled/postponed**.
* Your Surgeon will prescribe post-operative medications to aid in your recovery.
* **Please bring your post-operative medications with you on the day of surgery.**

* **Nurse (610-421-0516)**
* A Nurse will be in contact with you to help you through your preoperative process.

**Lab Services**

* **Christiana Care** prefers that you **make an appointment** prior to your arrival.
* **Making an appointment ensures little to no wait times.**
* **Walk-in** services are available but within limited hours.
* **There are 2 ways to schedule an appointment**:
  + - * Use their online system at <https://christianacare.org/services/labservices> and select “routine lab work”.
      * Walk ins are accepted as well
* See below for available lab **locations** (availability & hours may differ depending on the day).
* Center for Heart & Vascular Health- **EKGs performed here** 302-733-1558
  + 4755 Olgetown-Stanton Rd, Room G135, Newark, DE 19718
* Foulkstone- 302-477-4510
  + 1401 Foulk Rd, Suite 100D, Wilmington, DE 19803
* Hygeia Drive- 302-623-0151
  + 200 Hygeia Drive, Newark, DE, 19713
* PMRI- 302-661-3032
  + 3506 Kennett Pike, Room 133, Wilmington, DE, 19807
* Wilmington Hospital- **EKG performed here** 302-320-6801
  + 501 West 14th St, Room 2S03A, Wilmington, DE 19801
* Middletown East- 302-203-1126
  + 621 Middletown Odessa Rd, Room 2131, Middletown, DE 19709
* Smyrna Health & Wellness Center – 302-659-4486
  + 100 S Main St., Suite 100, Entrance at Imagine Suite, Smyrna, DE 19977
* Concord PA- 610-361-1270
  + 161 Wilmington W Chester Pike, Suite 1100, Chadds Ford, PA 19317